**Annual Report 2018-2019**

 **Majhipara Ambedkar Centre for Human Research and Development (MACHRD)**

**Health**

**HEALTH CAMPS**

Majhipara Ambedkar Centre for Human Research and Development is convinced and is a believer of the maxim that a good healthy mother is instrumental in making a good healthy family which in turn ensures a good healthy society, culminating ultimately into a resounding and vibrant Nation. As a major activity, MACHRD organizes and conducts health camps in rural segments for the disadvantaged people; in such camps, economically weak women and children are given preference for free health checkup, medicine and medical consultation. In between, intensive seminars and workshops are held in association with Schools and Colleges for generating awareness among adolescent girls and working women as to how to maintain and live a healthy and hygienic life, evolving into a life style.

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**HEPATITIS B VACCINATION**

It is an ongoing process that villages in Birbhum District are covered through yearly camps for Hepatitis B vaccination.

Camps and workshops are organized on regular *basis to make the rural* population aware of the deadly disease of Thalassemia. Schools, Colleges and Gram Panchayats are targeted to spread the message of early detection and continuous follow up through Nestroft blood test and medical advice. In between, counseling sessions are also organized for marriageable youth, educating them as to how to tackle the disease before and after the marriage with special significance to children. Over three thousand men, women and children in the District have benefitted from such activity.

 **Health Home**

We maintain a health home in Gosaba area of Sunderban. People in this area suffer due to lack of appropriate and timely response to health needs related to migration, disasters, rapid economic and demographic change. People suffer from both communicable and non-communicable diseases like Malaria , hopping cough, Acute Respiratory diseases, Common Cold and Fever, Tuberculosis, , cardiovascular diseases, STD, HIV/AIDS Diseases. Lack of awareness on health and disease barriers to access affordable and quality health services, distance from metro cities and disaster are the causes of the sufferings of the people. To meet the Health Needs of the people we maintain this Health Home.

The main objectives of this Health Home are:

* To identify the health needs of the vulnerable children
* To select a set of data that reflects the health promotion needs and priorities of the target communities
* To determine who are the key individuals , groups, and organization with the power to affect health in the community
* To identify the referral network for referring the children during emergency and beyond the capacity of the existing health centres

This helps us to understand the health burden of the people and to take proper intervention as below.

* Providing medical and health care services for the beneficiaries. Allopathic and Homeopathy doctors visit the health centres regularly and provide free treatment to the beneficiaries
* Camps are organized in various times of the year to raise awareness, environmental hazards, health and personal hygiene for the beneficiaries and their family members
* Use of referral network for emergency cases
* Providing free medicines and diet to the children
* Check up of the guardians of the beneficiaries in special cases.

**Nourishment Programme**

MACHRD has initiated Nourishment Programme with a view to tackle the burdens of nutrition and reduction of communicable diseases. This programme aims to improve standard of health of the students who attend the various educational centres in Sunderban area. The people are in so disadvantaged condition that they cannot provide them proper food, cloth and bare minimum medical support. MACHRD distribute enough dry food to these beneficiaries so that this remove malnutrition and help them to receive proper and quality education. This programme is a successful one.

**EDUCATION.**

 **Education Centres**

There are 16 Schooling Reinforcement Centres in 16 villages in Sunderban , South Twenty Four Parganas district and 5 Educational Centres in 5 villages in Murshidabad District. There are 1552 student beneficiaries and 550 student beneficiaries in Sunderban and Murshidabad villages respectively. These Schooling Reinforcement Centres are providing government primary school students an opportunity to undergo focused education for each class (class I to class III) 6 days a week. The daily class comprises of revision of lessons learnt in school, soft skills and life skill lessons like hygiene, rights, safety, gender etc. These Centres also provide concept clarification sessions and general guidance to students and parents.

The students belong to the parents who reside in remote areas and suffer from extreme poverty, lack of food, clothing and education. They are deprived of every facility that is essential for the development of a child. These situations force them to become drop outs and lead a life of illiterate labour.

The objectives of these Schooling Reinforcement Centres are as follows.

* To improve the students’ school attendance
* To improve the students age-appropriate learning level
* To reduce drop out instances in school
* To provide the beneficiaries with knowledge and skills that make them better citizens
* To facilitate all round development through proper education so that they can be good citizens of the country in future
* To provide Training to the teachers for quality education
* To prevent child labour and child trafficking

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**AWARENESS PROGRAMME**

Activities related to yearly awareness campaigns:

i) Anti Child Labour awareness campaigns are organized through rally by school children at the Panchayat (village) level, winding through village lanes and by lanes appealing to elders, social leaders and owners of small establishments to respect and value the rights of children especially to education and health and desist from engaging them as labourers.

ii) Anti Illiteracy awareness campaigns are organized every year in villages through rallies by school children, urging mothers, dropout girls and illiterate adults to complete basic education.

iii) Anti Human Trafficking & Safe Migration campaigns are conducted through rallies and workshops, involving mothers and adolescent girls so that they become aware and spread the message of the evil impact of human trafficking, especially children and unsafe migration to unknown destinations for livelihood. In this activity, the local Authority (Panchayat), the Police and CBOs work in close coordination for prevention and education.

iv) Anti Drug and Alcohol consumption campaign is organized every year through rallies, lectures and workshops and community counseling towards elimination of these social evils.

v) Environment Day awareness is created among the villagers through green plantation and inculcating habits of avoiding plastics and use of green energy. In this activity, the services of mothers in SHGs are roped in for spreading the message of pollution free environment and encouragement in harnessing solar energy, bio-gas etc.

**SOCIAL INTEGRATION & BONDING**

As an article of faith, Majhipara Ambedkar Centre for Human Research and Development (MACHRD) has always practiced the principle of *love thy neighbor* through active participation in and organization of important local and State level events, festivals and celebrations. The goal and objective is to break walls and barriers of human respects among different communities and integrate into a replicable homogenous society. Some of the major festivities celebrated with the communities are:

 i) Birth anniversary of Swami Vivekananda – 12th January as the National Youth Day.

 ii) International Women’s Day – 8th March

 iii) World Health Day – 7th April

 iv) Birth anniversary of Dr B.R.Ambedkar – 14th April, the Patron of MACHRD

 v) Birth anniversary of Poet Nobel laureate Guru Rabindranath Tagore – 8th May,

 vi) Anti Child Labour Day – 12th June

 vii) Teachers’ Day – 5th Sept

 viii) Children Day – 14th Nov

TAILROING TRAINING AND CRECHE PROGRAMME IN BIRBHUM

MACHRD organized crèche programme for the children of the poor working women in Mayureswar Block in the District of Birbhum in collaboration with MALLARPUR MANAV SEVA KENDRA . Besides, we provided tailoring training to the poor Self Help Group Members in Birbhum in collaboration with MALLARPUR MANAV SEVA KENDRA.